



# The Green Space

Meridian Park Office Newsletter

Volume 3, Issue 2

## Calendar

**March 9**

Ash Wednesday

**March 13**

Daylight Saving  
Begins

**March 17**

St. Patrick's Day

**March 20**

Spring Begins

**April 1**

April Fool's Day

**April 18**

Passover Begins at  
Sundown

**April 24**

Easter Sunday

**April 27**

Administrative  
Professionals Day



## Daylight Saving is a Pioneer of Energy Conservation



On March 13th Daylight Saving begins which means that everyone must move their clocks ahead one hour (and they should also change the batteries in their smoke detectors). Opinions on this practice vary greatly but the origins are rooted in energy conservation. Ancient civilizations have for centuries modified their time keeping systems to utilize daylight hours but the modern concept of daylight savings was first proposed by Benjamin Franklin in his essay entitled "An Economical Project for Diminishing the Cost of Light" written in 1784. Over 100 years later in 1907 an Englishman, William Willet, began to distribute a pamphlet entitled "The Waste of Daylight". This pamphlet eventually led to the British Summer Time by an Act of Parliament in 1916, clocks were moved ahead one hour of the Greenwich Mean Time.

Daylight Saving was first used in America as an effort to conserve energy during WWI but the law establishing it was repealed in 1919 due to unpopularity. Congress reinstated mandatory Daylight Saving in 1942 once again to conserve energy during WWII. This law was repealed in 1945. From 1945 –1966 no formal law regarding Daylight Saving existed but in 1966 Congress passed the Uniform Time Act of 1966 which established guidelines for communities the wished to follow Daylight Saving but did not require the use of it. Several Acts of Congress since then have changed the dates on which Daylight Saving is practiced. Most of the continental United States participates in Daylight Saving with the one exception being a portion of Arizona.

Initial studies did show that Daylight Saving had an impact on energy conservation. Less energy was used in households during the peak evening hours. Although the per household savings were minimal overall there was significant energy conservation. Recent studies have disputed these findings in states such as Indiana and California but no official recent study has proven the overall effects of Daylight Saving in the United States.

(Source: The California Energy Commission website [www.energy.ca.gov](http://www.energy.ca.gov))

## Meridian Park Office Newsletter

6940 O Street  
Lincoln, NE 68510

Property Manager:  
Crystal Frederick  
Phone: 402-441-5825  
Fax: 402-441-5805

E-mail: [cfrederick@naifmarealty.com](mailto:cfrederick@naifmarealty.com)



## Appreciate Your Support Staff and the Environment

April 27th is Administrative Professionals Day and rather than giving traditional gifts such as flowers or balloons the following are some environmentally friendly options to consider:

- Re-Usable Grocery Bags– These handy and inexpensive bags are an easy way to cut back on waste.
- Gift Certificates to Eco-Conscious Restaurants- Research local restaurants that use local and organic products (i.e. Maggie's Vegetarian Restaurant or Pepe's Veggie Mex Bistro)
- Herb Garden Kit- Let them start their own organic garden that will save them time and money at the grocery store.
- Locally Made Candy or Cupcakes



## Remember the Environment During Wedding Season

Spring and summer marks the peak season for weddings. Whether you are planning one or attending one it is important to keep the environment in mind. When searching for that perfect gift be sure to pay close attention to products that are made primarily from recycled materials or are organic. When wrapping your gift use recycled paper or make your wrapping part of the gift by using towels or cloth napkins for wrapping. Consider making your own cards or buy 100% recycled greeting cards. When choosing electronics or appliances be sure to find the ones with Energy Star ratings. Try to carpool with other guests that you may know to keep your carbon footprint as low as possible.

If you are planning your upcoming wedding you can be environmentally conscious by choosing a caterer that utilizes locally grown produce and livestock. Also use china and linen tablecloths and napkins. When choosing flowers try to use locally grown varieties so as to reduce the distance they travel. When choosing items for your registry keep in mind organic, recycled, and energy efficient products. With a little thought and planning the wedding season can be enjoyable and environmentally friendly.

